



## Tasty Brands Nutritional Information

08/01/2019

Effective

	Item Description	Code	Serv Size/ OZ	Cal	Cal from Fat	Total Fat g	Sat Fat g	Trans Fat g	Chol mg	Sodium mg	Total Carb g	Dietary Fiber g	Sugars g	Prot g	Vit A %	Vit C %	Calcium %	Iron %	Pot %	Vit D %	CN Equiv
Pasta	5 Cheese Lasagna Rollup (1)	00801WG	1 / 4.30	240	50	6	3.5	0	20	390	29	2	5	15	8	10	30	6	-	-	2 m/ma, 1 oz-eq gr
	5 Cheese Stuffed Shells (2)	00803WG	2 / 4.62	230	50	6	3.5	0	20	380	29	2	5	15	8	10	30	6	-	-	2 m/ma, 1 oz-eq gr
	Jumbo Cheese Ravioli (3)	00804WG	3 / 3.78	200	40	4.5	2.5	0	25	360	24	2	2	15	4	10	20	6	-	-	2 m/ma, 1 oz-eq gr
	★ 5 Cheese Lasagna Roll 1.5 m/ma (1)	00808WG	1 / 3.65	190	30	3.5	2	0	10	150	27	2	4	11	6	10	20	6	-	-	1.5 m/ma, 1 oz-eq gr
	Meat (Ground Turkey) Lasagna Rollup (1)	00813WG	1 / 4.40	250	80	9	4.5	0	55	440	25	2	0	17	4	10	20	8	-	-	2 m/ma, 1 oz-eq gr
	5 Cheese Vegetable Lasagna Rollup (1)	00821WG	1 / 4.30	190	25	3	1.5	0	10	370	28	2	4	12	40	30	20	6	-	-	1.5 m/ma, 1 oz-eq gr, 1/8 c veg
	Tray Pack 4 Cheese Lasagna	00822WG	6.5	240	45	5	3	0	15	580	33	3	6	14	10	25	25	8	-	-	1.5 m/ma, 1 oz-eq gr, 1/4 c veg
	★ Whole Grain Ready To Eat Four Cheese Tortellini	00830WG	14 / 2.27	120	20	2	1	0	10	140	19	2	1	8	0	8	4	6	-	-	1 m/ma, 1 oz-eq gr
★ Mini Cheese Ravioli (7) 221 Serv/6-5lb Bags/Cs	00834WG	7 / 2.17	120	20	2.5	1	0	15	180	15	1	1	8	2	-	10	4	-	-	1 m/ma, 0.5 oz-eq gr	
Breadsticks	Mozzarella Filled Twisted Topped Breadstick	62001	1 / 2.00	150	-	6	3	0	10	220	15	0	1	9	-	-	10	6	2	0	1 m/ma, 1 oz-eq gr
	Mozzarella Filled Twisted Topped Breadstick	62002	1 / 3.10	230	70	8	4	0	15	330	27	0	2	11	0	0	20	10	-	-	1 m/ma, 2 oz-eq gr
	★ Twisted Topped Breadstick	62101	1 / 1.00	80	20	2	0.5	0	0	100	12	0	1	2	0	0	0	6	-	-	1 oz-eq gr
	Garlic Knot	62200	1 / 2.00	170	60	7	1.5	0	0	270	23	2	2	4	4	10	2	6	-	-	2 oz-eq gr
Pizza	Jumbo 3 Cheese Pizza Bagel (1)	52106	1 / 4.95	300	90	10	5	0	35	690	33	4	4	14	15	20	30	15	-	-	2 m/ma, 2 oz-eq gr, 1/8 c veg
	3 Cheese Mini Pizza Bagels (4) 96 Serv/Cs	52222	4 / 4.68	260	80	9	5	0	20	560	24	4	4	21	15	10	35	10	-	-	2 m/ma, 2 oz-eq gr, 1/8 c veg
	Cheese & Turkey Pepp Mini Pizza Bagels (4) 96 Sv/Cs	52223	4 / 4.68	230	70	7	3.5	0	30	690	25	5	5	18	15	15	20	15	-	-	2 m/ma, 2 oz-eq gr, 1/8 c veg
	WG PizzaBoli (Sicilian Style Rectangular Cheese Calzone)	53201	1 / 5.00	310	-	12	6	0	35	640	34	0	6	14	-	-	25	10	2	0	2 m/ma, 2 oz-eq gr
Taco	Mini Chicken Tacos (3) 99 Serv/Cs	25701	3 / 4.50	320	130	14	5	0	55	480	31	4	0	17	8	4	20	20	-	-	2 m/ma, 2 oz-eq gr
Breaded Apps / Entrees	★ Oven Ready Breaded Okra (17)	33500	17 / 3.20	180	60	7	1	0	0	220	24	4	2	3	0	2	4	6	-	-	1 oz-eq gr, 1/4 c veg
	★ Oven Ready Breaded Onion Rings (5)	33504	5 / 2.69	200	70	8	1.5	0	0	200	28	3	5	3	0	4	10	6	-	-	1 oz-eq gr, 1/4 c veg
	Whole Grain Oven Ready Breaded Mozzarella Sticks	41009	5 / 4.23	300	110	12	6	0	35	440	33	3	2	16	0	0	40	80	-	-	2 m/ma, 2 oz-eq gr
	★ Whole Grain Oven Ready Breaded Mini Cheese Ravioli	41834	7 / 3.34	180	25	3	1	0	15	300	29	3	1	10	6	80	10	10	-	-	1 m/ma, 1.5 oz-eq gr
Bagelfuls®	Bagelfuls® Original - Bagel & Cream Cheese Bar (I/W)	21250	1 / 2.50	190	45	5	3	0	15	180	29	3	4	6	4	4	2	10	-	-	2 oz-eq gr
	★ Bagelfuls® Bagel & Cream Cheese Bar/Cinnamon Spread (I/W)	21260	1 / 2.50	180	25	3	1.5	0	5	180	32	3	6	6	2	4	2	10	-	-	2 oz-eq gr
	★ Bagelfuls® Bagel & Cream Cheese Bar/Strawberry Spread (I/W)	21270	1 / 2.50	180	25	3	1.5	0	5	160	32	3	6	6	2	4	2	10	-	-	2 oz-eq gr
	★ Bagelfuls® Bagel & Cream Cheese Bar/Apple Cinnamon Spread (I/W)	21280	1 / 2.50	170	25	3	1.5	0	5	170	32	3	6	6	2	4	2	10	-	-	2 oz-eq gr
Breakfast	Whole Grain Breakfast Bar with Grape Spread (I/W)	21226	1 / 2.50	170	5	0.5	0	0	0	140	36	3	9	6	0	0	8	10	-	-	2 oz-eq gr
	Whole Grain Mini Bagel- Bulk	20507	2 / 2.00	150	-	2	0	0	0	290	31	3	3	6	-	-	2	10	2	0	2 oz-eq gr
	Peach Cobbler Biscuit (I/W)	22020	1 / 2.80	230	100	11	5	0	0	230	31	3	9	4	2	0	8	8	-	-	2 oz-eq gr
	Egg Cheese & Turkey Bacon Breakfast Toast (I/W)	55104	1 / 2.64	170	-	6	2	0	60	390	21	0	4	9	-	-	10	6	2	0	1 m/ma, 1 oz-eq gr
	Turkey Sausage & Cheese Breakfast Round (I/W)	55202	1 / 2.72	160	60	6	2.5	0	10	330	20	2	1	7	0	0	10	6	-	-	1 m/ma, 1 oz-eq gr
Asian	Orange Chicken Fried Rice Pail	15009	1 / 10.40	320	-	4.5	3.5	0	65	420	40	3	24	20	-	-	2	10	6	0	2 m/ma, 1 oz-eq gr, 1/2c Veg
Melts	Turkey Ham & Cheese Croissant (I/W)	70073	1 / 2.52	170	60	7	3	0	20	440	17	1	2	11	4	0	10	6	-	-	1 m/ma, 1 oz-eq gr
	Turkey Ham & Cheese Croissant (I/W)	70076	1 / 4.60	310	110	12	6	0	40	810	30	3	5	20	8	0	20	15	-	-	2 m/ma, 2 oz-eq gr

Wraps & Sandwiches	Italian Combo Wrap (I/W)	70004	1 / 3.50	250	100	11	5	0	45	720	17	1	2	16	6	2	20	8	-	-	2 m/ma, 1 oz-eq gr
	Turkey Ham & 2 Cheese Wrap (I/W)	70006	1 / 3.50	240	100	11	5	0	40	730	17	1	2	17	4	0	20	4	-	-	2 m/ma, 1 oz-eq gr
	Breaded Chicken & Cheese Wrap With BBQ Sauce (I/W)	70028	1 / 4.22	330	140	16	6	0	35	640	29	2	6	16	4	0	20	10	-	-	2 m/ma, 1.50 oz-eq gr
	Chicken, Turkey Ham & Two Cheese Triangle Wedge (I/W)	70013	1 / 4.45	300	90	9	3.5	0	40	870	27	5	3	21	4	0	25	10	-	-	2 m/ma, 2 oz-eq gr
	Italian Combo Sandwich (I/W)	70014	1 / 4.50	330	110	13	4	0	45	750	32	3	6	19	6	2	20	10	-	-	2 m/ma, 2 oz-eq gr
	Chicken, Tky Pepp & Mozz Cheese Sub Roll (I/W)	70015	1 / 4.87	330	90	10	3.5	0	45	960	34	3	5	21	8	4	30	15	-	-	2 m/ma, 2 oz-eq gr
	Turkey Ham & 2 Cheese Sandwich (I/W)	70016	1 / 4.50	320	100	11	3.5	0	40	720	33	3	6	20	4	0	20	15	-	-	2 m/ma, 2 oz-eq gr
	Turkey Bologna, Turkey Salami Cheese Sandwich (I/W)	70018	1 / 4.65	280	90	10	4	0	50	480	29	2	6	19	6	2	25	10	-	-	2 m/ma, 2 oz-eq gr
	Turkey & 2 Cheese Sandwich (I/W)	70019	1 / 4.40	300	100	11	4	0	35	890	30	2	7	21	6	0	25	15	-	-	2 m/ma, 2 oz-eq gr
	Turkey Breast, Turkey Ham & Cheese Wedge Sandwich (I/W)	70513	1 / 4.60	250	80	9	3.5	0	35	470	28	2	6	19	4	0	25	10	-	-	2 m/ma, 2 oz-eq gr
Deli Combo Sandwich (I/W)	71014	1 / 4.60	300	90	10	4	0	40	680	30	3	4	19	4	10	15	10	-	-	2 m/ma, 2 oz-eq gr	

ANYTIMERS®	ANYTIMERS® Cheese Pizza Kit	10101	1 / 5.25	360	150	17	9	0	30	750	34	4	7	13	6	10	60	10	-	-	2 m/ma, 2 oz-eq gr, 1/8 c veg
	ANYTIMERS® Cheese & Tky Pepp Pizza Kit	10102	1 / 5.58	350	140	15	7	0	40	880	35	4	7	15	8	15	45	10	-	-	2 m/ma, 2 oz-eq gr, 1/8 c veg
	ANYTIMERS® Turkey & Cheese Kit	10202	1 / 4.21	380	160	18	7	0	30	880	41	3	13	20	4	0	20	15	-	-	2 m/ma, 2 oz-eq gr
	ANYTIMERS® Turkey Ham & Cheese Kit	10206	1 / 4.41	360	150	17	5	0	45	720	33	1	8	18	4	2	20	10	-	-	2 m/ma, 2 oz-eq gr
	ANYTIMERS® Breaded Chicken Sticks w/ BBQ Sauce Kit	10208	1 / 5.34	410	160	18	3.5	0	35	640	43	3	17	17	0	0	2	15	-	-	2 m/ma, 2 oz-eq gr

### After School Meals

	Item Description	Code	Serv Size/ OZ	Cal	Cal from Fat	Total Fat g	Sat Fat g	Trans Fat g	Chol mg	Sodium mg	Total Carb g	Dietary Fiber g	Sugars g	Prot g	Vit A %	Vit C %	Calcium %	Iron %	Pot %	Vit D %	CN Equiv
Hot Supper	Sweet Chili Chicken	15001	1/9.94 oz	420	-	21	3	0	25	840	44	7	12	16	-	-	6	15	4	0	2 m/ma, 2 oz-eq gr, 1/2 c veg
	Chicken Burrito Bowl	15002	1/10.35 oz	320	-	10	5	0	50	780	37	4	4	19	-	-	15	20	10	0	2 m/ma, 1 oz-eq gr, 1/2 c veg
	Mini Cheese Ravioli with Cheese Sauce	15004	1/9.14 oz	390	-	10	3	0	35	870	49	4	7	20	-	-	20	15	8	0	2.25 m/ma, 2 oz-eq gr, 1/2 c veg
	Pancakes, Sausage & American Cheese Stackers	15006	1/7.45 oz	400	-	15	4	0	45	780	49	4	12	19	-	-	25	10	10	0	2 m/ma, 2 oz-eq gr, 1/2 c veg
	Breakfast Sampler- French Toast, Pancakes, Sausage & Hash Browns	15007	1/8.32 oz	450	-	20	4.5	0	90	960	49	1	11	18	-	-	6	6	4	0	2 m/ma, 2 oz-eq gr, 1/2 c veg
Shelf Stable Supper	Trios Protein Pack Turkey, Cheddar Cheese & Cheez-it	10172	1/2.95 oz	290	-	17	8	0	50	700	16	1	1	17	-	-	30	10	2	0	2 m/ma, 1 oz-eq gr
	Trios Protein Pack Turkey Ham, Cheddar Cheese & Cheez-it	10176	1/2.95 oz	290	-	18	8	0	55	710	16	1	1	16	-	-	30	10	4	0	2 m/ma, 1 oz-eq gr
Shelf Stable Supper	Shelf Stable Cheese Plank & Cracker Kit (4.10 oz & 4.23 fl oz)	10401	1/4.10 oz	580	-	31	9	0	25	710	62	6	27	16	-	-	40	15	6	10	2 m/ma, 2 oz-eq gr, 1/2 c veg
	Shelf Stable Cheese Cup & Cracker Kit (4.90 & 4.23 fl oz)	10402	1/4.90 oz	590	-	33	8	0	30	1330	59	6	23	16	-	-	45	20	6	10	2 m/ma, 2 oz-eq gr, 1/2 c veg

Key= ★smart snack compliant