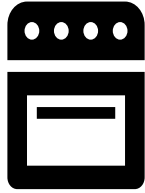




ORANGE CHICKEN RICE MEAL

HOME COOKING INSTRUCTIONS

THIS PRODUCT MUST BE HEATED FROM FROZEN
DO NOT HEAT FROM REFRIGERATION



OVEN – FROM FROZEN

1. Preheat convection oven to 350°F (conventional oven to 375°F).
2. Place **frozen** individual pail on a sheet pan.
3. Bake for 20-25 minutes.
4. Let sit for 3-5 minutes as product will be hot.
5. Enjoy



MICROWAVE – FROM FROZEN

1. Place **frozen** product on microwave safe plate.
2. Heat for 6 minutes on high.
3. Let sit for 2-3 minutes as product will be hot.
4. Enjoy



NOTES

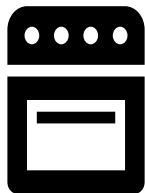
1. Do not thaw or prepare from thawed.
2. Cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F.



ORANGE CHICKEN RICE MEAL

HOME COOKING INSTRUCTIONS

THIS PRODUCT MUST BE HEATED FROM FROZEN
DO NOT HEAT FROM REFRIGERATION



OVEN – FROM FROZEN

1. Preheat convection oven to 350°F (conventional oven to 375°F).
2. Place **frozen** individual pail on a sheet pan.
3. Bake for 20-25 minutes.
4. Let sit for 3-5 minutes as product will be hot.
5. Enjoy



MICROWAVE – FROM FROZEN

1. Place **frozen** product on microwave safe plate.
2. Heat for 6 minutes on high.
3. Let sit for 2-3 minutes as product will be hot.
4. Enjoy



NOTES

1. Do not thaw or prepare from thawed.
2. Cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F.